

HUMAN TRAFFICKING IS HAPPENING NOW

To report suspected human trafficking, call the U.S.
Department of Homeland Security (DHS) tip line

1-866-DHS-2-ICE (347-2423)

HUMAN TRAFFICKING IS HAPPENING IN OUR COMMUNITY.

Learn to recognize the signs. Is the person:

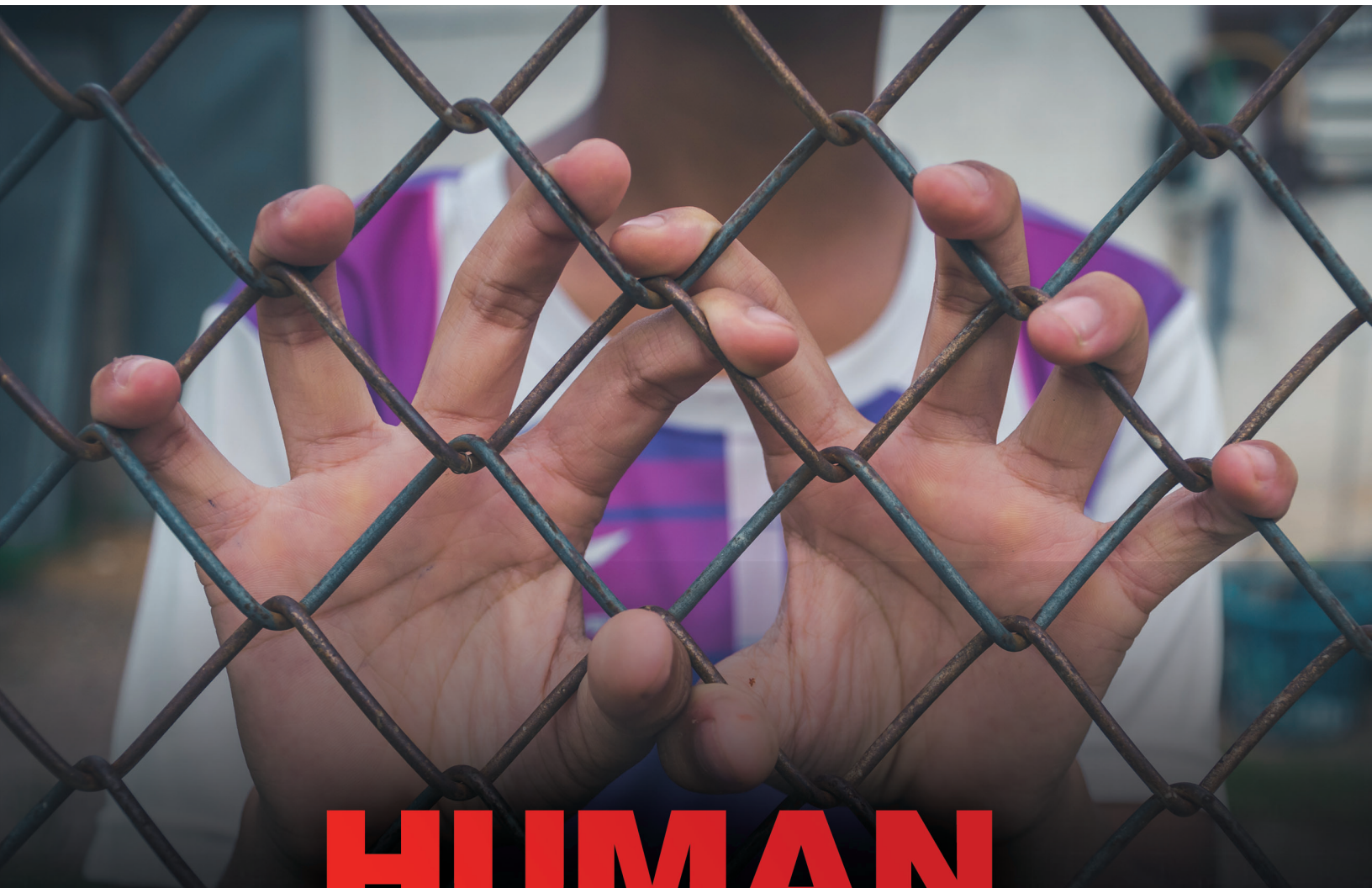
- Forced / coerced to work or perform commercial sex acts or is under 18 and in commercial sex?
- Unable to leave their work/services without severe consequences?
- Being forced to work off debt?
- Controlled/watched/coached/threatened by someone?
- Not in possession of their own money/identification?
- Showing signs of abuse, malnourishment, lack of sleep?

While no single indicator is proof of human trafficking, these indicators are just a few that may alert you to a potential human trafficking situation.



STOP

HUMAN TRAFFICKING



HUMAN TRAFFICKING

**50% of the Traffic Victims are
younger than 16**

COULD BE AS CLOSE AS NEXT DOOR

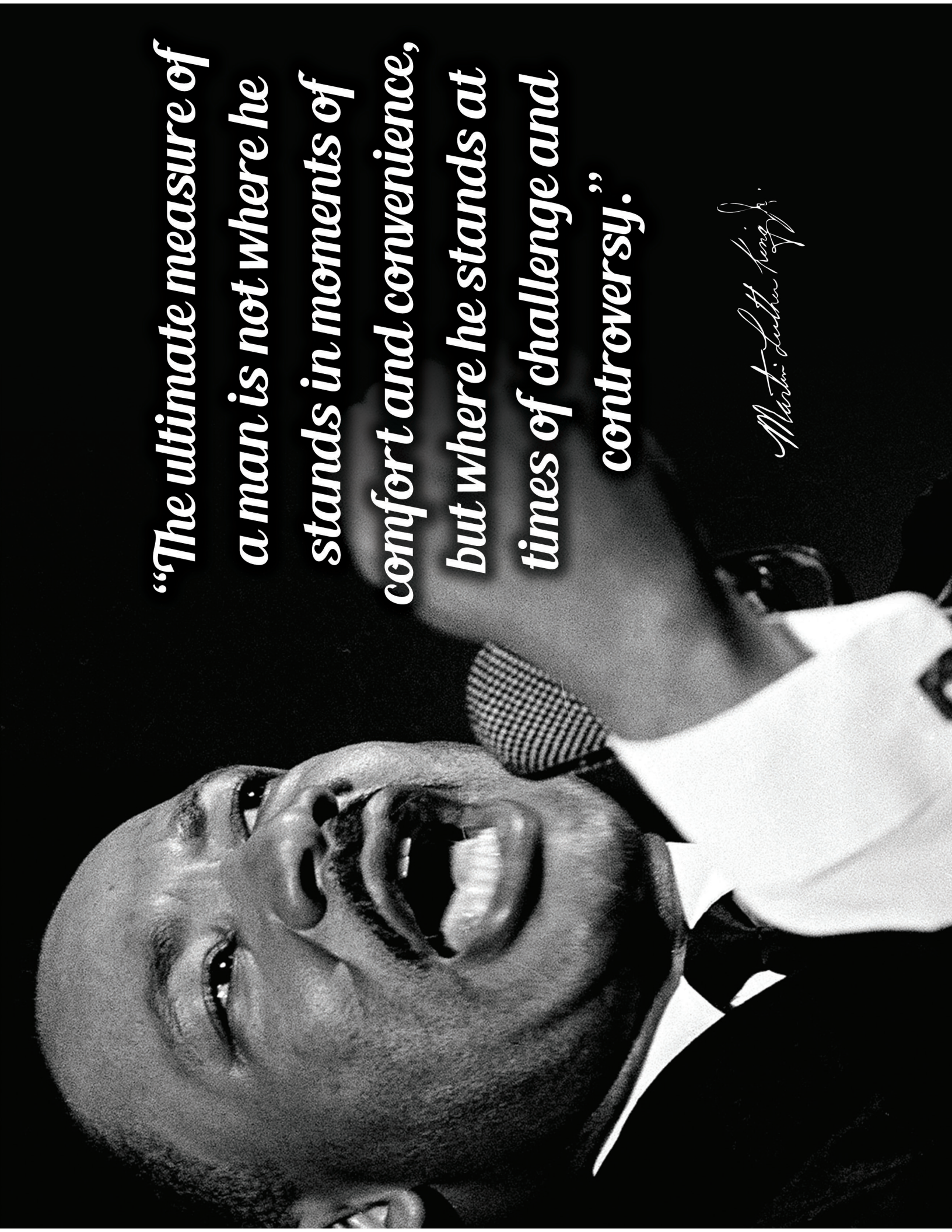
National Human Trafficking Resource Center

1 - 888-373-7888

*“You must
never be fearful
about what you
are doing when
it is right.”*

Rosa Parks





*“The ultimate measure of
a man is not where he
stands in moments of
comfort and convenience,
but where he stands at
times of challenge and
controversy.”*

Martin Luther King Jr.

BLACK HISTORY MONTH

**STRONG ROOTS
& AMAZING
ACHIEVEMENTS**

**WE HAVE A WONDERFUL HISTORY AND IT IS GOING
TO INSPIRE US TO GREATER ACHIEVEMENTS**

*Women's
History*

MONTH

MARCH



*Honoring the accomplishments
of Women everywhere.*

WOMEN
Providing
HEALING,
Promoting
HOPE



Susie King Taylor



Kay Fukuda



Sharon Lane



Jennifer Moreno

W**♀**omen's HISTORY MONTH

MARCH

We Can Do It...

and She

DID

WOMEN'S HISTORY MONTH



**HONORING THE PAST,
SECURING THE FUTURE!**





**IT SHOULDN'T HURT
TO BE A
CHILD**

IF SOMEONE HAS HURT YOU, IT IS OK TO TELL.

No one has the right to hurt you. We can help.



CALL 1-844-CAN-TELL

1-844-226-8355

Child Abuse and Neglect Hotline

Or tell a Teacher, Counselor, Principal, or School Nurse
Call 911 if you need help NOW



**A BRUISED RIB
A BROKEN BONE**

**WHY CAN'T YOU LEAVE ME
ALONE?**



*“I am a Soldier, I fight
where I am told, and
I win where I fight.”*

George S. Patton Jr.

THANK YOU AMERICA FOR SUPPORTING US



**MAY IS
NATIONAL
MILITARY
APPRECIATION
MONTH**

**EVERY SOLDIER
HAS A FAMILY**

**Let them know how much
WE Appreciate THEIR Sacrifice**

THE TRUE SOLDIER FIGHTS NOT

BECAUSE HE HATES WHAT IS IN FRONT OF HIM,



BUT BECAUSE
HE LOVES WHAT IS
BEHIND HIM

Land of the free because of the brave.
SUPPORT OUR TROOPS & THEIR FAMILIES



JUNE IS MEN'S HEALTH MONTH

SKIN CANCER IS THE EASIEST CANCER TO DETECT

Men are about two times more likely than women are to develop skin cancer.

MALIGNANT MELANOMA

The mostly deadly type of skin cancer. It is 100 percent curable if found early.

While the number of deaths in melanoma patients under 50 has been dropping, the number of men dying from melanoma over the age of 50 has been rising.

COLON CANCER IS THE 3rd MOST COMMON CANCER IN THE UNITED STATES

Only about 40% of people over the age of 50 are being tested.

About 10-15% of colon cancer cases are inherited.

Cause the unknown, but higher rates in industrialized countries suggest environmental factors such as a diet of fatty, low-fiber foods might contribute to colon cancer.

PROSTATE CANCER - THE MOST COMMON CANCER IN MEN, REGARDLESS OF RACE OR ETHNICITY.

30,000+ Men die in the US from prostate cancer every year. The average age of diagnosis is 67.

Several types of cancers can develop in the prostate, such as sarcomas, small cell carcinomas and transitional cell carcinomas. These types are extremely rare and nearly all prostate cancers are adenocarcinoma, meaning it started in gland cells.



JUNE

IS MEN'S HEALTH MONTH

- Encourage the men around you to get screened and stay active
- Wear blue to show your support

[#MensHealthMonth](#) and [#ShowUsYourBlue](#)



MEN FACTS

93% Workplace deaths are men

2 IN 3 Preventable deaths are men

3 IN 4 Suicides are men

4 IN 5 Heart disease deaths are men
(Under 65)

AT THE BEACH

A vibrant tropical beach scene. In the foreground, a large, detailed palm tree with green fronds and a brown trunk leans from the right side towards the center. The background shows a wide, white sandy beach curving along the edge of clear, turquoise water. The sky is a deep blue with scattered white clouds. The overall atmosphere is bright and sunny.

- **Wear sunglasses with total UV protection**
- **Wear wide-brimmed hats**
- **Avoid direct exposure as much as possible during peak UV radiation hours**
- **Apply sunscreen frequently**

JULY IS UV SAFETY AWARENESS MONTH

Skin cancer is the most common type of cancer in the United States. Ultraviolet (UV) rays from the sun are the main cause of skin cancer.



Clothing, Sun Screen, Hats, Shade and Sunglasses can protect you from harmful UV rays.

Know your UV index DAILY



UV PROTECTION CHART

Low (0 - 2.9) Sunscreen Sunglasses Recommended: Sun Protective Apparel	Moderate (3.0 - 5.9) Sunscreen Sunglasses Hat Recommended: Sun Protective Apparel	High (6.0 - 7.9) Sunscreen Sunglasses Hat Shade Recommended: Sun Protective Apparel	Very High (8.0 - 10.9) Sunscreen Sunglasses Hat Shade Recommended: Sun Protective Apparel	Extremely High Sunscreen Sunglasses Hat/Shade Indoors 10am-4pm Recommended: Sun Protective Apparel
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A poster for UV Safety Awareness Month. The background features a bright sun with rays emanating from the top right, transitioning from yellow to orange. In the bottom right corner, there is a silhouette of tall grass. The text is arranged vertically from top to bottom: 'UV SAFETY' in large, bold, black letters with a yellow outline; 'AWARENESS MONTH' in bold, black letters inside a rounded orange rectangle; and 'July' in a black, cursive font.

UV SAFETY

AWARENESS MONTH

July

Vaccinate On Time, Every Time.

PROTECT YOUR BABY



EVERY VACCINE COUNTS

IMMUNIZATION

SAFE PROVEN PROTECTION

According to the United States Centers for Disease Control and Prevention (CDC), among children born during 1994-2013, vaccination will prevent an estimated:



322
MILLION
ILLNESSES

22 MILLION
HOSPITALIZATIONS

732,000 DEATHS

Giving babies the recommended immunizations by age 2 is the best way to protect them from 14 serious childhood diseases.

MEASLES



is highly contagious and spreads through the air when an infected person coughs or sneezes.

A person with the measles will likely infect **9 out of 10** people he or she comes in contact with if the individuals are not protected.



About 1 in 3 adults in the US

WILL GET SHINGLES

ASK YOUR HEALTHCARE PROFESSIONAL ABOUT SHINGLES VACCINATION

Know the Signs

National Shingles Foundation

www.nationalshinglesfoundation.org



NATIONAL

SUICIDE

PREVENTION MONTH

1-800-273-TALK

www.suicidepreventionlifeline.org

Call Your Local Crisis Center



SUICIDE

**DOESN'T END THE PAIN.
IT JUST PASSES IT ON TO
SOMEONE ELSE!**



SUICIDE

Depression

- More than 19 million people or nearly 10% of the population is suffering from depression in any one year.
- More people suffer from depression than they do from coronary heart disease, cancer, or AIDS.
- Signs of depression include: change in appetite or weight, fatigue. Feelings of worthlessness, and trouble concentrating.

Facts

- 40,000+ people in the U.S. kill themselves every year.
- Suicide is the 10th leading cause of death in the U.S.
- At least 2 people attempt suicide every minute.
- Suicide rates are higher for the divorced, widowed, and separated.

Youth

- Suicide is the 2nd leading cause of death (Age 10-34)

Danger Signs

- Past history of attempted suicide
- Depression, especially when combined with drugs/alcohol
- Family history
- Impulsive personality
- Social isolation
- Listlessness
- Indecision

Get Help!

- Don't wait! Find professional help as soon as possible.
- Call the National Hopeline Network **1-800-SUICIDE**
- Go to www.suicidology.org for certified crisis counseling centers

SUICIDE CAN BE PREVENTED

**THERE IS A REASON WHY EVERY PERSON HAS BEEN PUT ON THIS EARTH.
FIND SOMEONE TO HELP YOU UNDERSTAND THE MESSAGE BEHIND THE PAIN.**



**OVER 250,000 WOMEN IN THE
UNITED STATES WILL
DISCOVER THEY HAVE BREAST
CANCER THIS YEAR.**

SO WILL OVER 2000 MEN



Breast Cancer
**AWARENESS
MONTH**



NATIONAL BREAST CANCER AWARENESS

*Supporting the **Fighters***

*Honoring the **Survivors***

*Admiring the **Taken***

*and never, ever giving up **Hope***



SAY NO
TO
BULLYING



BULLY FREE ZONE

**TOGETHER WE CAN
STOP BULLYING**



WHY PEOPLE BULLY?

- They need to pretend they are tough.
- They are afraid and need to hide their fears.
- They are copying the behavior of other BULLIES.
- They are unhappy or have low self-esteem.
- They don't like themselves.
- BULLIES aren't COOL AT ALL.

BE A BUDDY NOT A BULLY



DECEMBER IS BE A VOLUNTEER MONTH

GIVE SOMEONE A HAND AND VOLUNTEER AS A FAMILY. TEACH YOUR CHILDREN THE JOY YOU GET FROM DOING SOMETHING NICE FOR OTHERS.





VOLUNTEER

THE GREATEST GIFT YOU CAN GIVE TO YOURSELF

*“You have not lived today until you
have done something for someone who
can never repay you.”*

JOHN BUNYAN



**GIVE YOURSELF
A GIFT**

**VOLUNTEER FOR
SOMETHING**