



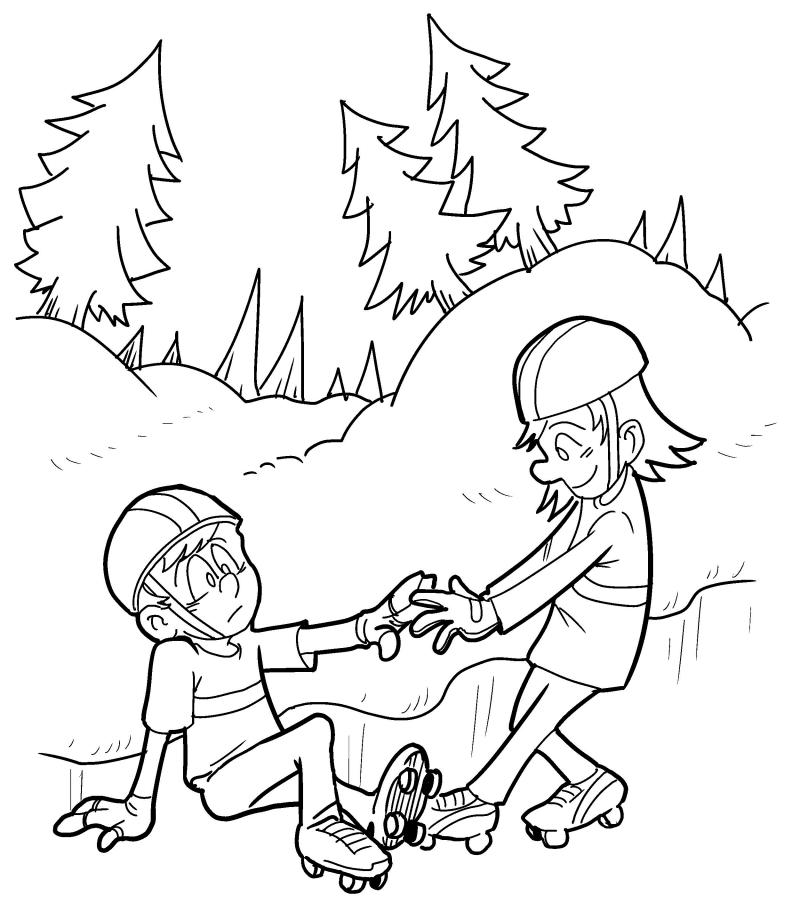
## Be very respectful when saying the Pledge of Allegiance.

Follow these 3 easy steps:

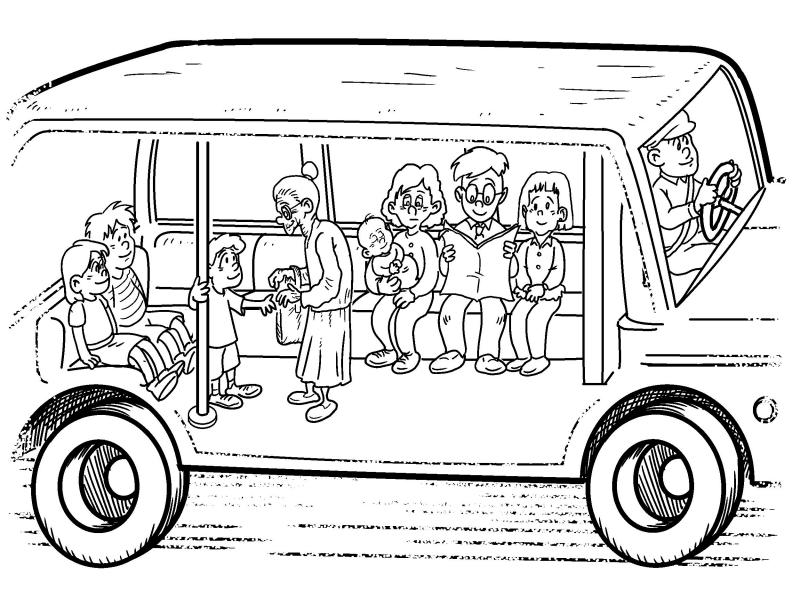
- 1) Face the flag.
- 2) Remove your hat.
- 3) Place your right hand over your heart.



Listen to the crosswalk monitor. This is a great time to say Thank You.



A good citizen helps someone up when they fall.

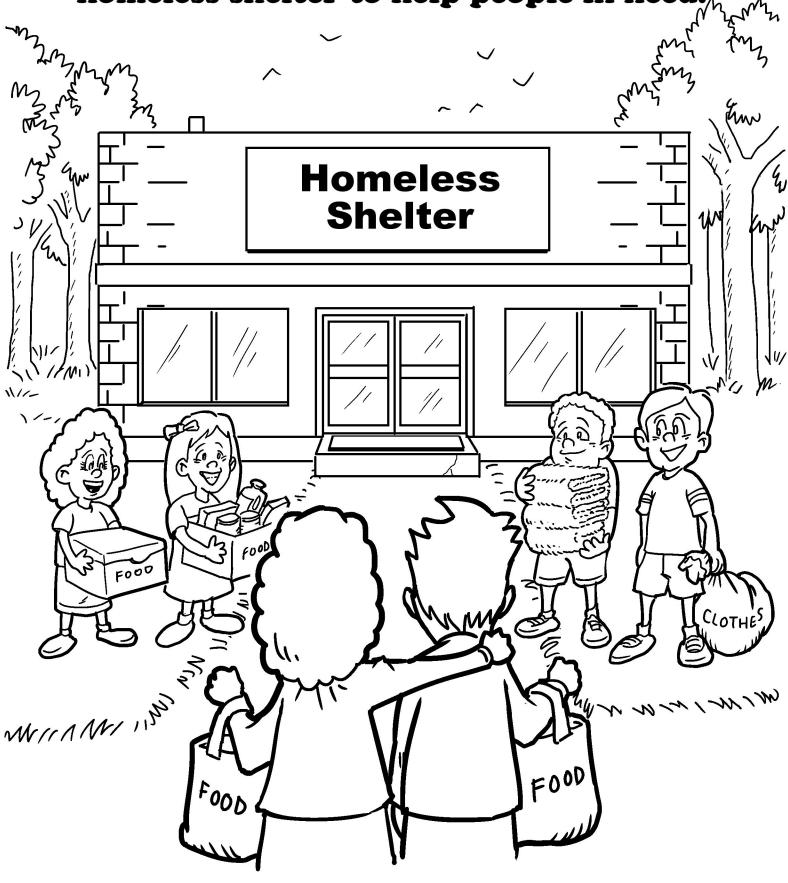


Offer your seat to someone in need.

It could be a senior citizen, a pregnant mom, or someone carrying a baby.

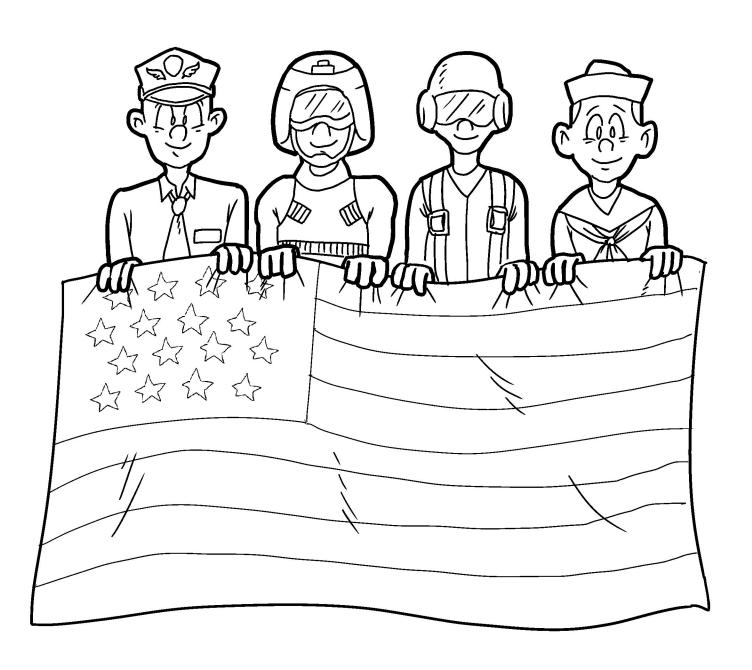
It will make you both feel good.

Our family enjoys taking supplies to the homeless shelter to help people in need.





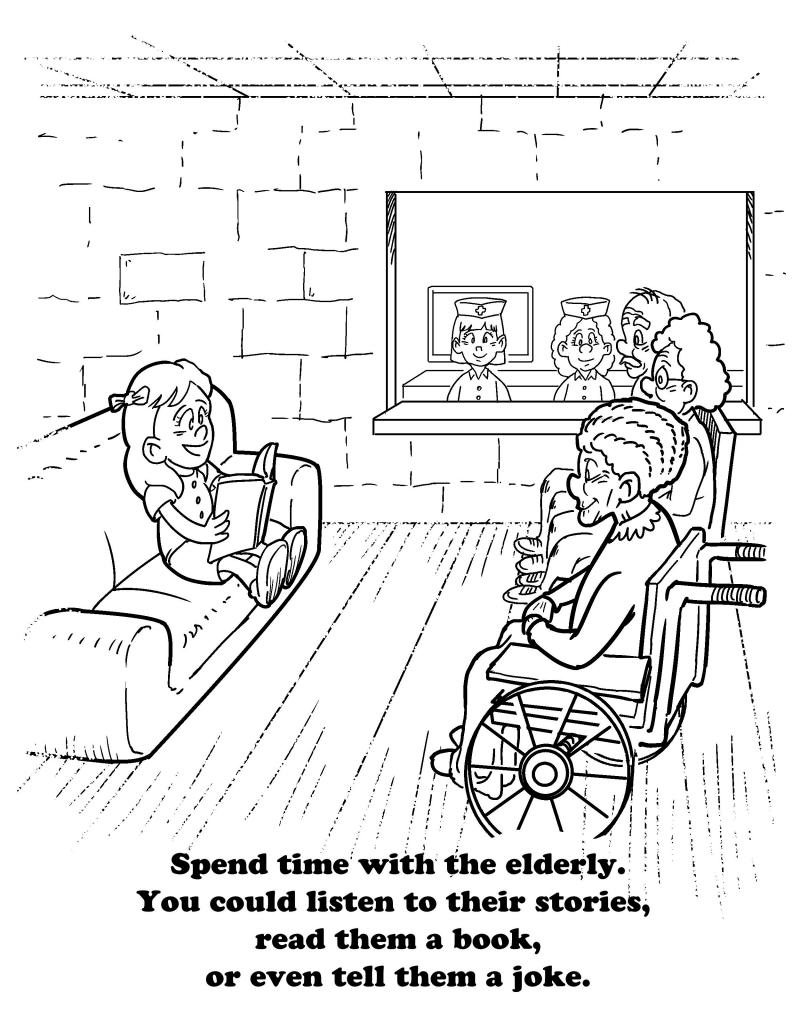
Keep your campsite and parks clean, so both people and animals can continue to enjoy them after you go home.

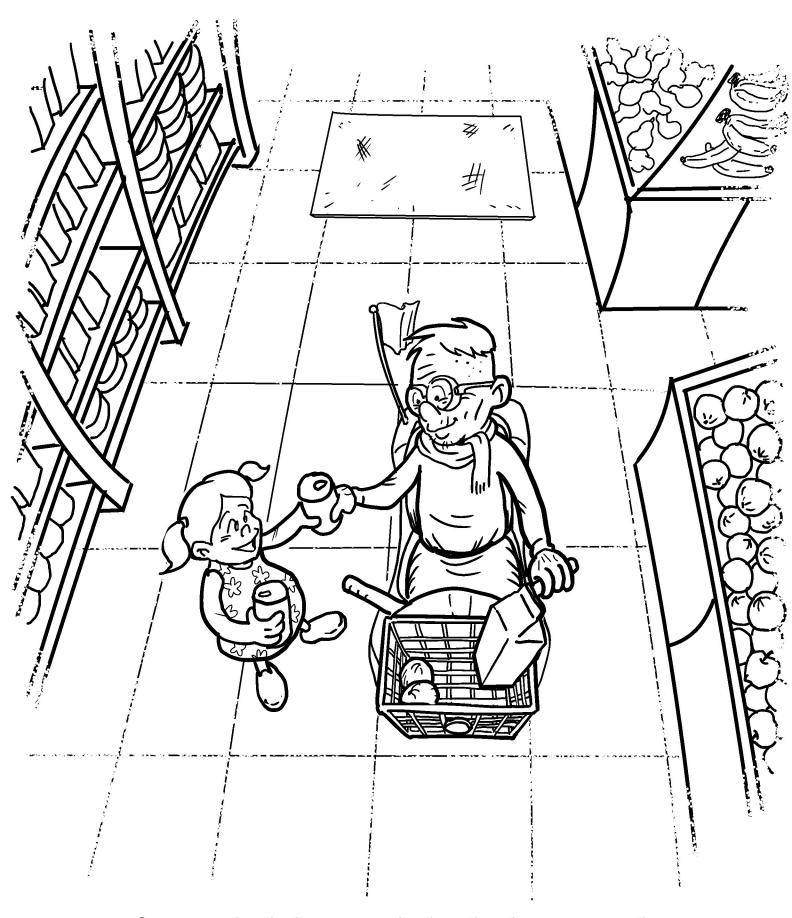


Our military services are very important to our country. Honor them by showing respect.

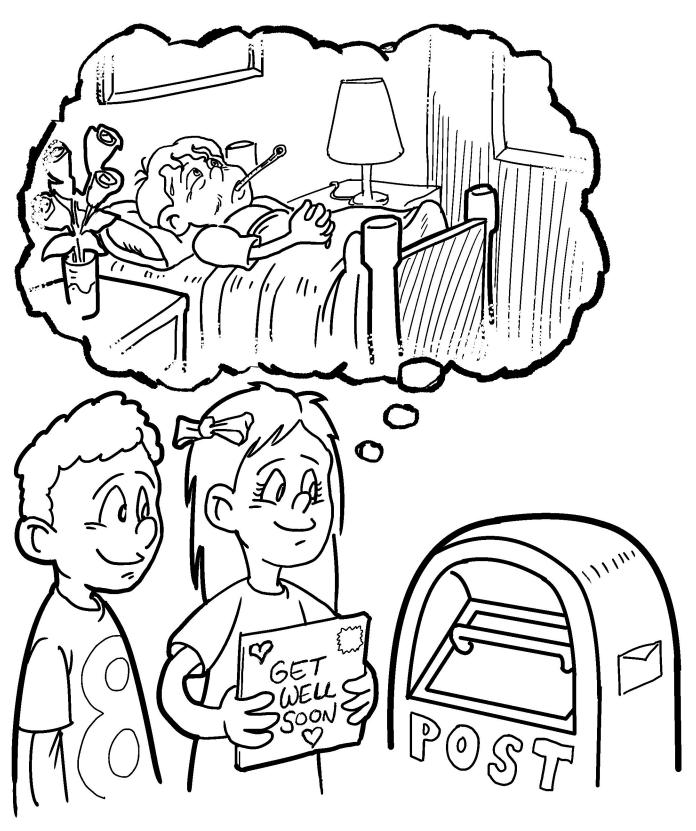


Help your neighbor or someone in need.
It feels good to help others.





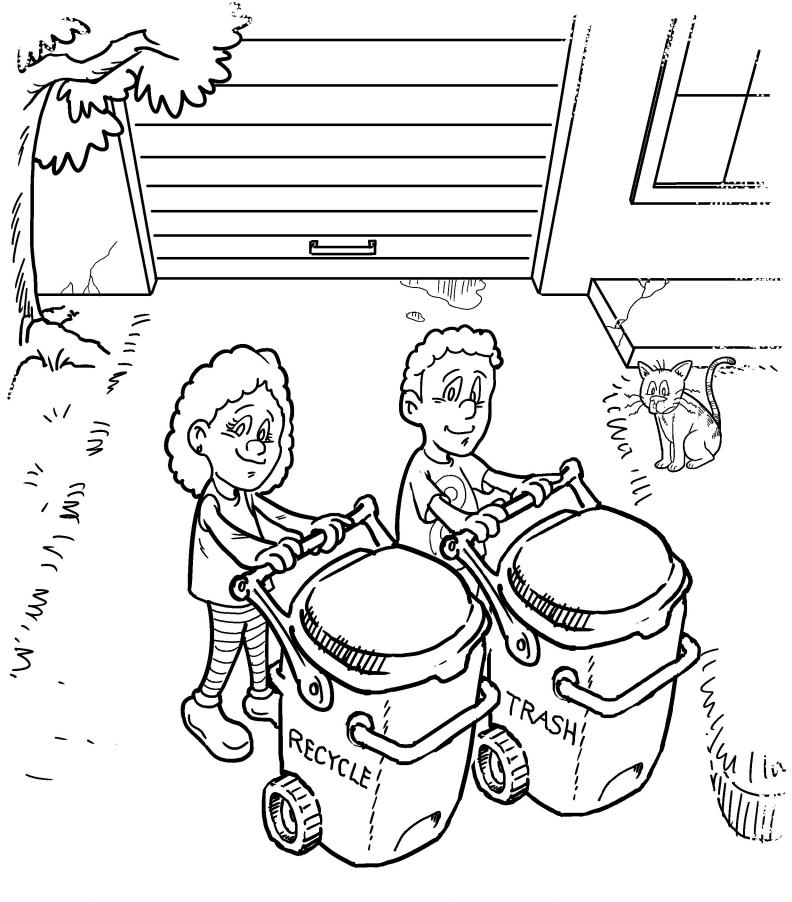
A good citizen might help a needy family member or friend at the market.



Remember to think of others. Do something kind to let them know you're thinking of them.



A good citizen might offer to walk a friend's or neighbor's dog. Even small gestures can make a big impact.



Separating the recycle from the trash is a great way to be a good citizen to your community and to the Earth.

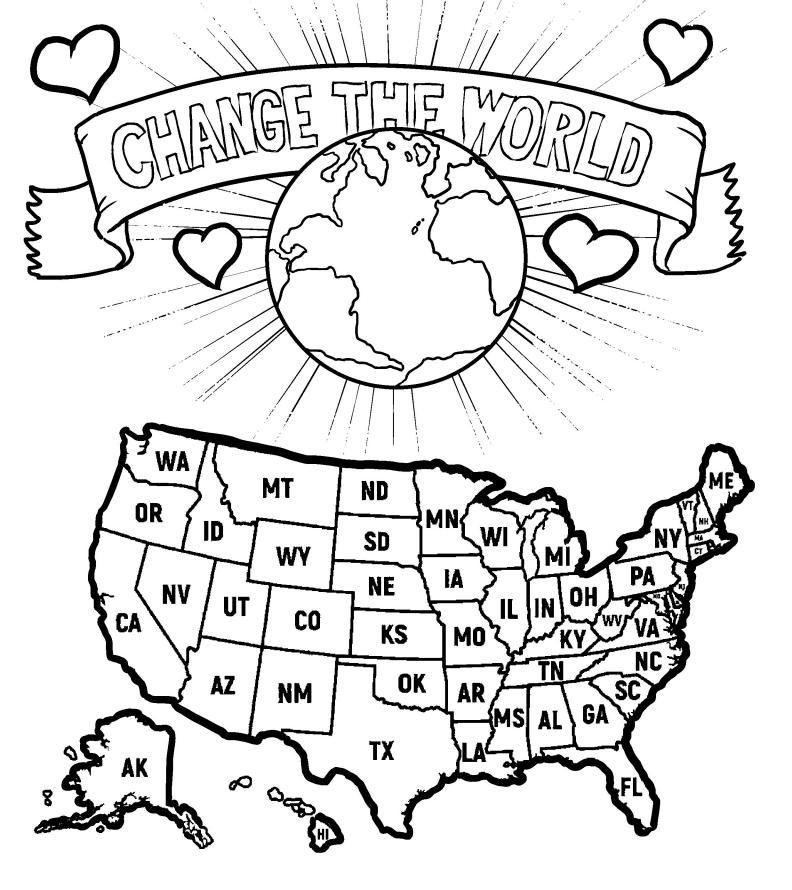


in your community.

## **FOOD KITCHEN**



You can donate your time and energy to help people in need like volunteering at a food shelter



What state do you live in? Color it red.

Anyone can make a difference in the world.

What could you do?